

Civilian Recruits

Requirements:

- a. 18-28 years old (17 with parental permission)
- b. A U.S. citizen.
- c. High school graduate (or meet High Performance Predictor Profile (HP3) criteria). Be proficient in reading, speaking, writing, and understanding the English language.
- d. Not be under civil restraint, a substance abuser nor have a pattern of minor convictions or any non-minor, misdemeanor, or felony convictions (waivers are granted depending on number and severity). The Special Assistant for Legal Affairs (CNRC Code 017) must not enlist applicants with lawsuits pending against them without prior approval.
- e. ASVAB minimum requirements, use and retest:
AR&VE/WK=104 and MC=50.
Note: For ASVAB Test numbers 5, 6, and 7, use WK.
Note 2: Minimum ASVAB score for Corpsman is AR+VE or WK=110
Note 3: A waiver of up to five points can be granted for the ASVAB. Your Navy Recruiter must make request.
- f. Eyesight- 20/40 in one eye and 20/70 in the other eye, correctable to 20/20.
Note: Waiver-20/70; 20/100 or better.
Note2: No color blindness.

The PST is as follows:

500-yard swim using breast and/or sidestroke in under 12 minutes and 30 seconds

10-minute rest

Perform a minimum of 42 push-ups in 2 minutes

2-minute rest

Perform a minimum of 50 sit-ups in 2 minutes

2-minute rest

Perform a minimum of 6 pull-ups (no time limit)

10-minute rest

Run 1 ½ miles wearing boots and long pants in under 11 minutes and 30 seconds